



It is very important that you follow these instructions carefully. Remember, all procedures must heal, peel, and fade. This process may take up to 10 days.

-Do not pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off.

**Picking can cause scabbing.**

-No water, cleansers, creams, makeup or any other products on the treated area for 10 days.

-Avoid direct sun exposure or tanning for three to four weeks after the procedure.

-Avoid profusely heavy sweating for the first 10 days. (ie: gym or sauna/hot tub)

-No facials, botox, chemical treatments, and microdermabrasion for four weeks.

-Avoid sleeping on your face for the first 10 days after the procedure.

-Avoid swimming, hot sauna, or jacuzzi for the first 10 days after the procedure.

-Avoid spicy foods for the first seven days after the procedure.

-Avoid smoking. If you are to smoke, apply the oil given to you to treated area, plastic wrap, then headband.

-Avoid driving in open-air vehicles such as boats, convertibles, bicycles, and motorcycles during the first seven days.

-Before showering, apply a layer of post-care cream to protect your eyebrows from moisture. During the shower, keep your face away from the shower head.

-Sleep slightly upright for the first night after the procedure.

-Change your pillowcases before you go to sleep after your procedure.

Itching and flaking will appear the first seven days of post microblading procedures. However, experience has shown that by following these aftercare instructions, these symptoms may quickly disappear.

Your new microbladed eyebrows will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of the skin and has not settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab as this is excess pigment or bodily fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color is fading too quickly. However, this is just superficial color and dry skin being removed from your eyebrows.

Once completely healed, always apply a sunscreen of SPF 30-SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade more quickly.